

Concurrent programming

Madhavan Mukund, **SP Suresh**

Programming Language Concepts
Lecture 12, 19 February 2026

Concurrent programming

- Multiprocessing
 - Single processor executes several computations “in parallel”
 - Time-slicing to share access

Concurrent programming

- Multiprocessing
 - Single processor executes several computations “in parallel”
 - Time-slicing to share access
- Logically parallel actions within a single application
 - Clicking **Stop** terminates a download in a browser
 - User-interface is running in parallel with network access

Concurrent programming

- Multiprocessing
 - Single processor executes several computations “in parallel”
 - Time-slicing to share access
- Logically parallel actions within a single application
 - Clicking **Stop** terminates a download in a browser
 - User-interface is running in parallel with network access
- **Process**
 - Private set of local variables
 - Time-slicing involves saving the state of one process and loading the suspended state of another

Concurrent programming

- Multiprocessing
 - Single processor executes several computations “in parallel”
 - Time-slicing to share access
- Logically parallel actions within a single application
 - Clicking **Stop** terminates a download in a browser
 - User-interface is running in parallel with network access
- **Process**
 - Private set of local variables
 - Time-slicing involves saving the state of one process and loading the suspended state of another
- **Threads**
 - Operate on same local variables
 - Communicate via “shared memory”
 - Context switches are easier

Concurrent programming

- Multiprocessing
 - Single processor executes several computations “in parallel”
 - Time-slicing to share access
- Logically parallel actions within a single application
 - Clicking **Stop** terminates a download in a browser
 - User-interface is running in parallel with network access
- **Process**
 - Private set of local variables
 - Time-slicing involves saving the state of one process and loading the suspended state of another
- **Threads**
 - Operate on same local variables
 - Communicate via “shared memory”
 - Context switches are easier
- Henceforth, we use **process** and **thread** interchangeably

Creating threads in Java

- Have a class extend **Thread**

```
public class Parallel extends Thread {  
    private int id;  
    public Parallel(int i){ id = i; }  
}
```

Creating threads in Java

- Have a class extend **Thread**
- Define a function **run()** where execution can begin in parallel

```
public class Parallel extends Thread {  
    private int id;  
    public Parallel(int i){ id = i; }  
    public void run() {  
        for (int j = 0; j < 100; j++) {  
            System.out.println("My id is "+id);  
            try { sleep(1000);  
                } catch(InterruptedException e){}  
        }  
    }  
}
```

Creating threads in Java

- Have a class extend **Thread**
- Define a function **run()** where execution can begin in parallel
- Invoking **p[i].start()** initiates **p[i].run()** in a separate thread

```
public class Parallel extends Thread {
    private int id;
    public Parallel(int i){ id = i; }
    public void run() {
        for (int j = 0; j < 100; j++) {
            System.out.println("My id is "+id);
            try { sleep(1000);
            } catch(InterruptedException e){}
        }
    }
}
```

```
public class TestParallel {
    public static void main(String[] args) {
        Parallel p[] = new Parallel[5];
        for (int i = 0; i < 5; i++) {
            p[i] = new Parallel(i);
            p[i].start();    // Start p[i].run()
                            // in concurrent thread
        }
    }
}
```

Creating threads in Java

- Have a class extend **Thread**
- Define a function **run()** where execution can begin in parallel
- Invoking **p[i].start()** initiates **p[i].run()** in a separate thread
 - Directly calling **p[i].run()** does **not** execute in separate thread!

```
public class Parallel extends Thread {
    private int id;
    public Parallel(int i){ id = i; }
    public void run() {
        for (int j = 0; j < 100; j++) {
            System.out.println("My id is "+id);
            try { sleep(1000);
            } catch(InterruptedException e){}
        }
    }
}
```

```
public class TestParallel {
    public static void main(String[] args) {
        Parallel p[] = new Parallel[5];
        for (int i = 0; i < 5; i++) {
            p[i] = new Parallel(i);
            p[i].start();    // Start p[i].run()
                            // in concurrent thread
        }
    }
}
```

Creating threads in Java

- Have a class extend **Thread**
- Define a function **run()** where execution can begin in parallel
- Invoking **p[i].start()** initiates **p[i].run()** in a separate thread
 - Directly calling **p[i].run()** does **not** execute in separate thread!
- **sleep(t)** suspends thread for **t** milliseconds
 - Static function — use **Thread.sleep()** if current class does not extend **Thread**
 - Throws **InterruptedException**

```
public class Parallel extends Thread {
    private int id;
    public Parallel(int i){ id = i; }
    public void run() {
        for (int j = 0; j < 100; j++) {
            System.out.println("My id is "+id);
            try { sleep(1000);
            } catch(InterruptedException e){}
        }
    }
}
```

```
public class TestParallel {
    public static void main(String[] args) {
        Parallel p[] = new Parallel[5];
        for (int i = 0; i < 5; i++) {
            p[i] = new Parallel(i);
            p[i].start();    // Start p[i].run()
                            // in concurrent thread
        }
    }
}
```

Creating threads in Java

- Have a class extend **Thread**
- Define a function **run()** where execution can begin in parallel
- Invoking **p[i].start()** initiates **p[i].run()** in a separate thread
 - Directly calling **p[i].run()** does **not** execute in separate thread!
- **sleep(t)** suspends thread for **t** milliseconds
 - Static function — use **Thread.sleep()** if current class does not extend **Thread**
 - Throws **InterruptedException**

Typical output

```
My id is 0
My id is 3
My id is 2
My id is 1
My id is 4
My id is 0
My id is 2
My id is 3
My id is 4
My id is 1
My id is 0
My id is 3
My id is 1
My id is 2
My id is 4
...
```

Java threads ...

- Cannot always extend **Thread**
 - Single inheritance

Java threads ...

- Cannot always extend **Thread**
 - Single inheritance
- Instead, implement **Runnable**

```
public class Parallel implements Runnable {  
    // only the line above has changed  
    private int id;  
    public Parallel(int i){ ... } // Constructor  
    public void run(){ ... }  
}
```

Java threads ...

- Cannot always extend **Thread**
 - Single inheritance
- Instead, implement **Runnable**
- To use **Runnable** class, explicitly create a **Thread** and **start()** it

```
public class Parallel implements Runnable {  
    // only the line above has changed  
    private int id;  
    public Parallel(int i){ ... } // Constructor  
    public void run(){ ... }  
}
```

```
public class TestParallel {  
    public static void main(String[] args) {  
        Parallel p[] = new Parallel[5];  
        Thread t[] = new Thread[5];  
  
        for (int i = 0; i < 5; i++) {  
            p[i] = new Parallel(i);  
            t[i] = new Thread(p[i]);  
            // Make a thread t[i] from p[i]  
            t[i].start(); // Start off p[i].run()  
                        // Note: t[i].start(),  
                        // not p[i].start()  
        }  
    }  
}
```

Summary

- Common to have logically parallel actions with a single application
 - Download from one webpage while browsing another
- Threads are lightweight processes with shared variables that can run in parallel
- Use **Thread** class or **Runnable** interface to create parallel threads in Java

Threads and shared variables

- Threads are lightweight processes with shared variables that can run in parallel
- Browser example: download thread and user-interface thread run in parallel
 - Shared boolean variable `terminate` indicates whether download should be interrupted
 - `terminate` is initially false
 - Clicking `Stop` sets it to true
 - Download thread checks the value of this variable periodically and aborts if it is set to true
- Watch out for **race conditions**
 - Shared variables must be updated consistently

Shared variables

- Suppose we wish to compute a function f on all numbers from 1 to 10000 ...

Shared variables

- Suppose we wish to compute a function f on all numbers from 1 to 10000 ...
- ...and split the task across 10 threads

Shared variables

- Suppose we wish to compute a function **f** on all numbers from **1** to **10000** ...
- ...and split the task across **10** threads
- Time taken by **f** on different numbers is unpredictable

Shared variables

- Suppose we wish to compute a function **f** on all numbers from **1** to **10000** ...
- ...and split the task across **10** threads
- Time taken by **f** on different numbers is unpredictable
- **Robust division of labour**

Shared variables

- Suppose we wish to compute a function **f** on all numbers from **1** to **10000** ...
- ...and split the task across **10** threads
- Time taken by **f** on different numbers is unpredictable
- **Robust division of labour**
 - A shared **Counter** object **c** (initial value **0**) that stores the next number to be processed

Shared variables

- Suppose we wish to compute a function **f** on all numbers from **1** to **10000** ...
- ...and split the task across **10** threads
- Time taken by **f** on different numbers is unpredictable
- **Robust division of labour**
 - A shared **Counter** object **c** (initial value **0**) that stores the next number to be processed

- The **Counter** class:

```
class Counter {  
    int value;  
    public Counter(int c) {value = c;}  
    int getAndIncrement {  
        int ret = value;  
        value += 1;  
        return ret;  
    }  
}
```

Shared variables

- Suppose we wish to compute a function **f** on all numbers from **1** to **10000** ...
- ...and split the task across **10** threads
- Time taken by **f** on different numbers is unpredictable
- **Robust division of labour**
 - A shared **Counter** object **c** (initial value **0**) that stores the next number to be processed
 - Each thread invokes **c.getAndIncrement** every time it is free to run **f** again

- The **Counter** class:

```
class Counter {  
    int value;  
    public Counter(int c) {value = c;}  
    int getAndIncrement {  
        int ret = value;  
        value += 1;  
        return ret;  
    }  
}
```

Shared variables

- Suppose we wish to compute a function **f** on all numbers from **1** to **10000** ...
- ...and split the task across **10** threads
- Time taken by **f** on different numbers is unpredictable
- **Robust division of labour**
 - A shared **Counter** object **c** (initial value **0**) that stores the next number to be processed
 - Each thread invokes **c.getAndIncrement** every time it is free to run **f** again

- The **Counter** class:

```
class Counter {  
    int value;  
    public Counter(int c) {value = c;}  
    int getAndIncrement {  
        int ret = value;  
        value += 1;  
        return ret;  
    }  
}
```

- Code for each thread

```
val = 0;  
while (val < 10000) {  
    val = c.getAndIncrement;  
    f(val);  
}
```

Shared variables

- Suppose we wish to compute a function **f** on all numbers from **1** to **10000** ...
- ...and split the task across **10** threads
- Time taken by **f** on different numbers is unpredictable
- **Robust division of labour**
 - A shared **Counter** object **c** (initial value **0**) that stores the next number to be processed
 - Each thread invokes **c.getAndIncrement** every time it is free to run **f** again
- Watch out for **race conditions** again

- The **Counter** class:

```
class Counter {  
    int value;  
    public Counter(int c) {value = c;}  
    int getAndIncrement {  
        int ret = value;  
        value += 1;  
        return ret;  
    }  
}
```

- Code for each thread

```
val = 0;  
while (val < 10000) {  
    val = c.getAndIncrement;  
    f(val);  
}
```

Maintaining data consistency

- `double accounts[100]` describes 100 bank accounts

Maintaining data consistency

- `double accounts[100]` describes 100 bank accounts
- Two functions that operate on `accounts`: `transfer()` and `audit()`

```
boolean transfer (double amount,
                 int source, int target) {
    if (accounts[source] < amount) {
        return false;
    }
    accounts[source] -= amount;
    accounts[target] += amount;
    return true;
}

double audit() {
    // total balance across all accounts
    double balance = 0.00;
    for (int i = 0; i < 100; i++) {
        balance += accounts[i];
    }
    return balance;
}
```

Maintaining data consistency

- `double accounts[100]` describes 100 bank accounts
- Two functions that operate on `accounts`: `transfer()` and `audit()`
- What are the possibilities when we execute the following?

Thread 1	Thread 2
...	...
<code>status =</code>	<code>System.out.</code>
<code>transfer(500.00,7,8);</code>	<code>print(audit());</code>
...	...

```
boolean transfer (double amount,
                  int source, int target) {
    if (accounts[source] < amount) {
        return false;
    }
    accounts[source] -= amount;
    accounts[target] += amount;
    return true;
}

double audit() {
    // total balance across all accounts
    double balance = 0.00;
    for (int i = 0; i < 100; i++) {
        balance += accounts[i];
    }
    return balance;
}
```

Maintaining data consistency ...

- What are the possibilities when we execute the following?

Thread 1	Thread 2
...	...
status =	System.out.
transfer(500.00,7,8);	print(audit())
;	
...	...

- `audit()` can report an overall total that is **500** more or less than the actual assets

```
boolean transfer (double amount,
                  int source, int target)
{
    if (accounts[source] < amount) {
        return false;
    }
    accounts[source] -= amount;
    accounts[target] += amount;
    return true;
}

double audit() {
    // total balance across all accounts
    double balance = 0.00;
    for (int i = 0; i < 100; i++) {
        balance += accounts[i];
    }
    return balance;
}
```

Maintaining data consistency ...

- What are the possibilities when we execute the following?

Thread 1	Thread 2
...	...
status =	System.out.
transfer(500.00,7,8);	print(audit())
;	
...	...

- `audit()` can report an overall total that is **500** more or less than the actual assets
 - Depends on how actions of `transfer` are interleaved with actions of `audit`

```
boolean transfer (double amount,
                  int source, int target)
    {
        if (accounts[source] < amount) {
            return false;
        }
        accounts[source] -= amount;
        accounts[target] += amount;
        return true;
    }

double audit() {
    // total balance across all accounts
    double balance = 0.00;
    for (int i = 0; i < 100; i++) {
        balance += accounts[i];
    }
    return balance;
}
```

Atomicity of updates

- Two threads increment a shared variable `n`

Thread 1

...

`m = n;`

`m++;`

`n = m;`

...

Thread 2

...

`k = n;`

`k++;`

`n = k;`

...

Atomicity of updates

- Two threads increment a shared variable `n`

Thread 1

...

`m = n;`

`m++;`

`n = m;`

...

Thread 2

...

`k = n;`

`k++;`

`n = k;`

...

- Expect `n` to increase by 2 ...but time-slicing may order execution as follows

Atomicity of updates

- Two threads increment a shared variable `n`

```
Thread 1          Thread 2
...              ...
m = n;            k = n;
m++;              k++;
n = m;            n = k;
...              ...
```

- Expect `n` to increase by 2 ...but time-slicing may order execution as follows

```
Thread 1: m = n;
Thread 1: m++;
Thread 2: k = n; // k gets the original value of n
Thread 2: k++;
Thread 1: n = m;
Thread 2: n = k; // Same value as that set by Thread 1
```

Race conditions and mutual exclusion

- **Race condition** — concurrent update of shared variables, unpredictable outcome
 - Executing `transfer()` and `audit()` concurrently can cause `audit()` to report more or less than the actual assets

```
boolean transfer (double amount,
                  int source, int target) {
    if (accounts[source] < amount) {
        return false;
    }
    accounts[source] -= amount;
    accounts[target] += amount;
    return true;
}

double audit() {
    // total balance across all accounts
    double balance = 0.00;
    for (int i = 0; i < 100; i++) {
        balance += accounts[i];
    }
    return balance;
}
```

Race conditions and mutual exclusion

- **Race condition** — concurrent update of shared variables, unpredictable outcome
 - Executing `transfer()` and `audit()` concurrently can cause `audit()` to report more or less than the actual assets
- Avoid this by insisting that `transfer()` and `audit()` do not interleave

```
boolean transfer (double amount,
                 int source, int target) {
    if (accounts[source] < amount) {
        return false;
    }
    accounts[source] -= amount;
    accounts[target] += amount;
    return true;
}

double audit() {
    // total balance across all accounts
    double balance = 0.00;
    for (int i = 0; i < 100; i++) {
        balance += accounts[i];
    }
    return balance;
}
```

Race conditions and mutual exclusion

- **Race condition** — concurrent update of shared variables, unpredictable outcome
 - Executing `transfer()` and `audit()` concurrently can cause `audit()` to report more or less than the actual assets
- Avoid this by insisting that `transfer()` and `audit()` do not interleave
- Never simultaneously have current control point of one thread within `transfer()` and another thread within `audit()`

```
boolean transfer (double amount,
                 int source, int target) {
    if (accounts[source] < amount) {
        return false;
    }
    accounts[source] -= amount;
    accounts[target] += amount;
    return true;
}

double audit() {
    // total balance across all accounts
    double balance = 0.00;
    for (int i = 0; i < 100; i++) {
        balance += accounts[i];
    }
    return balance;
}
```

Race conditions and mutual exclusion

- **Race condition** — concurrent update of shared variables, unpredictable outcome
 - Executing `transfer()` and `audit()` concurrently can cause `audit()` to report more or less than the actual assets
- Avoid this by insisting that `transfer()` and `audit()` do not interleave
- Never simultaneously have current control point of one thread within `transfer()` and another thread within `audit()`
- **Mutually exclusive** access to **critical regions** of code

```
boolean transfer (double amount,
                 int source, int target) {
    if (accounts[source] < amount) {
        return false;
    }
    accounts[source] -= amount;
    accounts[target] += amount;
    return true;
}

double audit() {
    // total balance across all accounts
    double balance = 0.00;
    for (int i = 0; i < 100; i++) {
        balance += accounts[i];
    }
    return balance;
}
```

Mutual exclusion

- Concurrent update of a shared variable can lead to data inconsistency
 - **Race condition**
- Control behaviour of threads to regulate concurrent updates
 - **Critical sections** — sections of code where shared variables are updated
 - **Mutual exclusion** — at most one thread at a time can be in a critical section

Mutual exclusion for two processes

- First attempt

```
Thread 1                                Thread 2
...                                     ...
while (turn ≠ 1) {                       while (turn ≠ 2) {
    // "Busy" wait
}                                         }
// Enter critical section                // Enter critical section
...                                     ...
// Leave critical section                // Leave critical section
turn = 2;                                turn = 1;
...                                     ...
```

Mutual exclusion for two processes

- First attempt

```
Thread 1                                Thread 2
...                                     ...
while (turn ≠ 1) {                       while (turn ≠ 2) {
    // "Busy" wait
}                                         }
// Enter critical section                // Enter critical section
...                                     ...
// Leave critical section                 // Leave critical section
turn = 2;                                turn = 1;
...                                     ...
```

- Shared variable **turn** — no assumption about initial value, atomic update

Mutual exclusion for two processes

- First attempt

```
Thread 1                                Thread 2
...                                     ...
while (turn ≠ 1) {                       while (turn ≠ 2) {
    // "Busy" wait                        // "Busy" wait
}                                         }
// Enter critical section                // Enter critical section
...                                     ...
// Leave critical section                 // Leave critical section
turn = 2;                                turn = 1;
...                                     ...
```

- Shared variable **turn** — no assumption about initial value, atomic update
- Mutually exclusive access is guaranteed ...

Mutual exclusion for two processes

- First attempt

```
Thread 1                                Thread 2
...                                     ...
while (turn ≠ 1) {                       while (turn ≠ 2) {
    // "Busy" wait
}                                         }
// Enter critical section                // Enter critical section
...                                     ...
// Leave critical section                // Leave critical section
turn = 2;                                turn = 1;
...                                     ...
```

- Shared variable **turn** — no assumption about initial value, atomic update
- Mutually exclusive access is guaranteed ...
- ...but one thread is locked out permanently if other thread shuts down — **starvation!**

Mutual exclusion for two processes ...

- Second attempt

```
Thread 1                                Thread 2
...                                     ...
request_1 = true;                       request_2 = true;
while (request_2) {                     while (request_1) {
    // "Busy" wait                        // "Busy" wait
}
// Enter critical section                // Enter critical section
...                                       ...
// Leave critical section                 // Leave critical section
request_1 = false;                       request_2 = false;
...                                       ...
```

Mutual exclusion for two processes ...

- Second attempt

```
Thread 1                                Thread 2
...                                     ...
request_1 = true;                       request_2 = true;
while (request_2) {                     while (request_1) {
    // "Busy" wait                       // "Busy" wait
}
// Enter critical section                // Enter critical section
...                                     ...
// Leave critical section                // Leave critical section
request_1 = false;                      request_2 = false;
...                                     ...
```

- Mutually exclusive access is guaranteed ...

Mutual exclusion for two processes ...

- Second attempt

```
Thread 1                                Thread 2
...                                     ...
request_1 = true;                       request_2 = true;
while (request_2) {                     while (request_1) {
    // "Busy" wait                       // "Busy" wait
}
// Enter critical section               // Enter critical section
...                                     ...
// Leave critical section               // Leave critical section
request_1 = false;                     request_2 = false;
...                                     ...
```

- Mutually exclusive access is guaranteed ...
- ...but if both threads try simultaneously, they block each other
 - **Deadlock!**

Peterson's algorithm

```
Thread 1                                Thread 2
...
request_1 = true;
turn = 2;
while (request_2 &&
       turn ≠ 1) {
    // "Busy" wait
}
// Enter critical section
...
// Leave critical section
request_1 = false;
...

Thread 2
...
request_2 = true;
turn = 1;
while (request_1 &&
       turn ≠ 2) {
    // "Busy" wait
}
// Enter critical section
...
// Leave critical section
request_2 = false;
...
```

- Combines the previous two approaches

Peterson's algorithm

```
Thread 1                                Thread 2
...
request_1 = true;
turn = 2;
while (request_2 &&
       turn ≠ 1) {
    // "Busy" wait
}
// Enter critical section
...
// Leave critical section
request_1 = false;
...

Thread 2
...
request_2 = true;
turn = 1;
while (request_1 &&
       turn ≠ 2) {
    // "Busy" wait
}
// Enter critical section
...
// Leave critical section
request_2 = false;
...
```

- Combines the previous two approaches
- We need to argue that mutual exclusion is guaranteed and no process starves!

Correctness of Peterson's algorithm – Mutual exclusion

- Suppose both threads are in their critical sections at time t_0
- Let $t_i < t_0$ be the last time at which thread i sets the value of **turn**
- Let the value of **turn** at time t_0 be **1**, w.l.o.g.
- Then $t_1 < t_2 < t_0$ and the value of **request_1** is **true** throughout the interval of time from t_1 to t_0
- Thread **2** enters its busy wait loop after time t_2 but then it cannot exit the loop before t_0
- **Contradiction! So mutual exclusion is guaranteed!**

Correctness of Peterson's algorithm – Freedom from starvation

- If both threads are in their busy wait loops and value of **turn** is **i**, thread **i** will exit its loop!
- W.l.o.g. suppose thread **1** sets **request_1** to **true** at time t_0 and never enters its c.s. after that
- It sets **turn** to **2** at time $t_1 > t_0$ and then gets stuck in its busy wait loop forever
- This means that **request_2** has value **true** whenever thread **1** checks
- If thread **2** is already in or about to enter its busy wait loop at t_1 , it will eventually exit (because **turn** has value **2**)!
- It then enters and exits its c.s. and sets **request_2** to **false** at time $t_2 > t_1$
- Since thread **1** sees the value of **request_2** to be **true** after t_2 , it has to be that thread **2** set its value to **true** at time $t_3 > t_2$
- It will then set **turn** to **1** at time $t_4 > t_3$ and get stuck in its busy wait loop!
- When thread **1** subsequently checks the value of **turn**, it will exit its busy wait loop!
- **Contradiction! So no thread starves!**

Beyond two processes

- Generalizing Peterson's solution to more than two processes is not trivial

Beyond two processes

- Generalizing Peterson's solution to more than two processes is not trivial
- For n process mutual exclusion other solutions exist

Beyond two processes

- Generalizing Peterson's solution to more than two processes is not trivial
- For n process mutual exclusion other solutions exist
- Lamport's **Bakery Algorithm**
 - Each new process picks up a token (increments a counter) that is larger than all waiting processes
 - Lowest token number gets served next
 - Still need to break ties — token counter is not atomic

Beyond two processes

- Generalizing Peterson's solution to more than two processes is not trivial
- For n process mutual exclusion other solutions exist
- Lamport's **Bakery Algorithm**
 - Each new process picks up a token (increments a counter) that is larger than all waiting processes
 - Lowest token number gets served next
 - Still need to break ties — token counter is not atomic
- Need specific clever solutions for different situations

Beyond two processes

- Generalizing Peterson's solution to more than two processes is not trivial
- For n process mutual exclusion other solutions exist
- Lamport's **Bakery Algorithm**
 - Each new process picks up a token (increments a counter) that is larger than all waiting processes
 - Lowest token number gets served next
 - Still need to break ties — token counter is not atomic
- Need specific clever solutions for different situations
- Need to argue correctness in each case

Beyond two processes

- Generalizing Peterson's solution to more than two processes is not trivial
- For n process mutual exclusion other solutions exist
- Lamport's **Bakery Algorithm**
 - Each new process picks up a token (increments a counter) that is larger than all waiting processes
 - Lowest token number gets served next
 - Still need to break ties — token counter is not atomic
- Need specific clever solutions for different situations
- Need to argue correctness in each case
- Instead, provide higher level support in programming language for synchronization

Summary

- We can construct protocols that guarantee mutual exclusion to critical sections
 - Watch out for **starvation** and **deadlock**
- These protocols cleverly use regular variables
 - No assumptions about initial values, atomicity of updates
- Difficult to generalize such protocols to arbitrary situations
- Look to programming language for features that control synchronization