## Recursive functions and Turing machines

## I Primitive recursive and partial recursive functions

Definition I.I (Initial functions). The following are the initial functions:
Zero $Z(n)=0$;
Successor $S(n)=n+1$; and
Projection $\Pi_{i}^{k}\left(n_{1}, \ldots, n_{k}\right)=n_{i}$ (one projection for every pair $k, i$ with $i \leqslant k$ ).
Definition I.2 (Composition). A function $f: \mathbb{N}^{k} \rightarrow \mathbb{N}$ is obtained by composition from $g: \mathbb{N}^{l} \rightarrow \mathbb{N}$ and $h_{1}, \ldots, h_{l}: \mathbb{N}^{k} \rightarrow \mathbb{N}$ if

$$
f(\vec{n})=g\left(h_{\mathrm{I}}(\vec{n}), \ldots, h_{l}(\vec{n})\right) .
$$

We use the notation $f=g \circ\left(h_{1}, h_{2}, \ldots, h_{l}\right)$.
Definition I. 3 (Primitive recursion). A function $f: \mathbb{N}^{k+1} \rightarrow \mathbb{N}$ is obtained by primitive recursion from $g: \mathbb{N}^{k} \rightarrow \mathbb{N}$ and $h: \mathbb{N}^{k+2} \rightarrow \mathbb{N}$ if

$$
\begin{aligned}
f(0, \vec{n}) & =g(\vec{n}) \\
f(i+\mathrm{I}, \vec{n}) & =h(i, f(i, \vec{n}), \vec{n})
\end{aligned}
$$

If $g$ and $h$ are total functions, $f$ is also total.
Definition I. 4 ( $\mu$-recursion). A function $f: \mathbb{N}^{k} \rightarrow \mathbb{N}$ is obtained by $\mu$-recursion or minimization from $\mathrm{g}: \mathbb{N}^{k+1} \rightarrow \mathbb{N}$ if

$$
f(\vec{n})= \begin{cases}i & \text { ifg }(i, \vec{n})=0 \text { and } \forall j<i: g(j, \vec{n})>0 \\ \text { undefined } & \text { otherwise }\end{cases}
$$

We use the notation $f(\vec{n})=\mu i(g(i, \vec{n})=0)$. Note that $f$ need not be total even when $g$ is, and that $i f f(\vec{n})=i$, then $g(j, \vec{n})$ is defined for all $j \leqslant i$.
Definition I. 5 (Primitive recursive, recursive functions). The class of primitive recursive functions is the smallest class of functions containing the initial functions, and closed under composition and primitive recursion.

The class of (partial) recursive functions is the smallest class offunctions containing the initial functions, and closed under composition, primitive recursion and $\mu$-recursion.

## 2 Recursive functions are Turing computable

Since we know that Turing machines can simulate simple while programs, we show how recursive functions can be translated to programs.

- The initial functions have trivial programs.
- If $f: \mathbb{N}^{k} \rightarrow \mathbb{N}$ is defined by $f=g \circ\left(h_{\mathrm{r}}, \ldots, h_{l}\right)$, the following program computes $f$, assuming programs already exist for $g$ and the $h_{i}$ 's.

```
int f(int x1, int x2, ..., int xk) {
        y1 = h1(x1, x2, ..., xk);
        y2 = h2(x1, x2, ..., xk);
        yl = hl(x1, x2, ..., xk);
        return g(y1, y2, ..., yl);
    }
```

- If $f: \mathbb{N}^{k+1} \rightarrow \mathbb{N}$ is defined from $g: \mathbb{N}^{k} \rightarrow \mathbb{N}$ and $h: \mathbb{N}^{k+2} \rightarrow \mathbb{N}$ by primitive recursion, the following program computes $f$, assuming programs already exist for $g$ and $h$.

```
int f(int y, int x1, ..., int xk) {
    result = g(x1, ... , xk); // f(0, x1, ..., xk)
    for (i = 0; i < y; i++) { // computing f(i+1, x1, ..., xk)
        result = h(i, result, x1, ..., xk);
        }
        return result;
}
```

- If $f: \mathbb{N}^{k} \rightarrow \mathbb{N}$ is defined from $g: \mathbb{N}^{k+1} \rightarrow \mathbb{N}$ by $\mu$-recursion, then here is the program for $f$.

```
int f(int x1, ..., int xk) {
    i = 0;
    while (g(i, x1, ..., xk) > 0) {
            i = i + 1;
        }
        return i;
    }
```


## 3 Primitive recursive functions and relations - examples

The first few examples are written strictly in the official template, specifying the exact $g$ and $h$ used to obtain the function. Then we slip to an informal notation and just write recursive
equations. The reader can convert them to the official template.

- $f(n)=n+2$ is $S . S$
- plus $(n, m)=n+m$ is got by primitive recursion from $g=\Pi_{1}^{1}$ and $h=S \circ \Pi_{2}^{3}$. It is easily verified that plus $(0, m)=g(m)=\prod_{1}^{1}(m)=m$, and that plus $(n+\mathrm{I}, m)=h(n, p l u s(n, m), m)=$ $\left(S \circ \Pi_{2}^{3}\right)(n, p l u s(n, m), m)=S(p l u s(n, m))=(n+m)+I=(n+1)+m$.
- $\operatorname{mult}(n, m)=n m$ is got by primitive recursion from $g=Z$ and $h=p l u s_{\circ}\left(\Pi_{2}^{3}, \Pi_{3}^{3}\right)$. Verifying the equations is left as an exercise.
- $\exp (n, m)=m^{n}$ is got by primitive recursion from $g=S . Z$ and $h=m u l t .\left(\Pi_{2}^{3}, \Pi_{3}^{3}\right)$. Verifying the equations is again left as an exercise.
- $\operatorname{sum}(n)=\sum_{i=0}^{n} i$ is defined as $\operatorname{sum}^{\prime} 。\left(\Pi_{\mathrm{I}}^{\mathrm{I}}, \Pi_{\mathrm{I}}^{\mathrm{I}}\right)$, where $\operatorname{sum}^{\prime}(n, m)=\sum_{i=0}^{n} i$ is defined by primitive recursion from $g=Z$ and $h=p l u s 。\left(S \circ \Pi_{1}^{3}, \Pi_{2}^{3}\right)$.
Clearly sum ${ }^{\prime}(0, m)=Z(m)=0$ as desired, while

$$
\operatorname{sum}^{\prime}(n+1, m)=h\left(n, \operatorname{sum}^{\prime}(n, m), m\right)=\left(p l u s_{\circ}\left(S \circ \Pi_{\mathrm{I}}^{3}, \Pi_{2}^{3}\right)\right)\left(n, \operatorname{sum}^{\prime}(n, m), m\right)=(n+\mathrm{I})+\sum_{i=0}^{n} i=\sum_{i=0}^{n+1} i .
$$

- The predecessor function on natural numbers is defined as follows:

$$
\operatorname{pred}(n)= \begin{cases}0 & \text { if } n=0 \\ n-\mathrm{I} & \text { otherwise }\end{cases}
$$

It is primitive recursive: pred $=\operatorname{pred}^{\prime} \circ\left(\Pi_{\mathrm{I}}^{\mathrm{I}}, \Pi_{\mathrm{I}}^{\mathrm{I}}\right)$ where pred $^{\prime}$ is obtained by primitive recursion from $g=Z$ and $h=\Pi_{I}^{3}$.

- Cutoff subtraction $m-n$ on natural numbers is defined as usual, except that $m-n=0$ if $m \leqslant n$. It can be defined using primitive recursion from $g=\Pi_{I}^{1}$ and $h=$ pred $\circ \Pi_{2}^{3}$.
- Factorial

$$
\begin{aligned}
0! & =1 \\
(n+1)! & =(n+I) \cdot n!
\end{aligned}
$$

- Bounded $\operatorname{sums} g(z, \vec{x})=\sum_{y \leqslant 2} f(y, \vec{x})$ is defined as follows:

$$
\begin{aligned}
g(0, \vec{x}) & =f(0, \vec{x}) \\
g(y+1, \vec{x}) & =g(y, \vec{x})+f(y+I, \vec{x})
\end{aligned}
$$

- Bounded products $g(2, \vec{x})=\prod_{y \leqslant 2} f(y, \vec{x})$ is defined as follows:

$$
\begin{aligned}
g(0, \vec{x}) & =f(0, \vec{x}) \\
g(y+I, \vec{x}) & =g(y, \vec{x}) \cdot f(y+I, \vec{x})
\end{aligned}
$$

Definition 3.I. A relation $R \subseteq \mathbb{N}^{k}$ is primitive recursive if its characteristic function $c_{R}$ is primitive recursive.

- iszero is primitive recursive since $c_{\text {iszero }}$ is a primitive recursive function.

$$
\begin{aligned}
\text { iszero }(0) & =\text { true } & c_{\text {iszero }}(0) & =\operatorname{succ}(Z(0)) \\
\text { iszero }(n+1) & =\text { false } & c_{\text {iszero }}(n+1) & =Z(n)
\end{aligned}
$$

- $x \leqslant y$ iff iszero $(x-y)$, so $c_{\leqslant}(x, y)=c_{\text {iszero }}(x-y)$, and hence $\leqslant$ is a primitive recursive relation.
- $c_{-\varphi}=I-c_{\varphi}, c_{\varphi \wedge \psi}=c_{\varphi} \cdot c_{\psi}$, so primitive recursive relations are closed under boolean operations.
- For $\varphi(z, \vec{x})=(\forall y \leqslant z) \psi(y, \vec{x}), c_{\varphi}(z, \vec{x})=\prod_{y \leqslant 2} c_{\psi}(y, \vec{x})$, hence primitive recursive relations are closed under bounded universal quantification.
- $x=y, x<y, \varphi \vee \psi, \varphi \rightarrow \psi,(\exists y \leqslant z) \varphi(y, \vec{x}) \& \in$. are obtained easily by combining the above logical operators.
- Bounded $\mu$-recursion: If $\varphi(y, \vec{x})$ is a relation, then $\mu y: \varphi(y, \vec{x})$ is defined to be $\mu y$.(I-c $(y, \vec{x})=0)$, the smallest $y$ for which $\varphi(y, \vec{x})$ holds. This is not necessarily primitive recursive, but when we apply a bound on the search, it is. Bounded $\mu$-recursion is defined as follows:

$$
\mu y_{\leqslant 2} \varphi(y, \vec{x})= \begin{cases}\mu y \cdot \varphi(y, \vec{x}) & \text { if }(\exists y \leqslant z) \varphi(y, \vec{x}) \\ z+I & \text { otherwise }\end{cases}
$$

It can be shown to be primitive recursive if $\varphi$ is. Let $\psi^{\prime}(y, \vec{x})$ be $(\forall w<y) \neg \varphi(w, \vec{x})$ and $\psi(y, \vec{x})$ be $\varphi(y, \vec{x}) \wedge \psi^{\prime}(y, \vec{x})$. If $\varphi$ is primitive recursive, so are $\psi^{\prime}$ and $\psi$, and

$$
\mu y_{\leqslant 2} \varphi(y, \vec{x})=\left(\sum_{y \leqslant 2} y \cdot c_{\psi}(y, \vec{x})\right)+(z+1) \cdot c_{\psi^{\prime}}(z+I, \vec{x}) .
$$

- $x$ divides $y$

$$
x \mid y \text { iff }(\exists z \leqslant y)(x \cdot z=y)
$$

- $x$ is even

$$
\operatorname{even}(x) \text { iff } 2 \mid x
$$

- $x$ is odd

$$
\operatorname{odd}(x) \text { iff } \neg \operatorname{even}(x)
$$

- $x$ is a prime

$$
\operatorname{prime}(x) \text { iff } x \geqslant 2 \wedge(\forall y \leqslant x)(y \mid x \rightarrow y=I \vee y=x)
$$

- the $n$-th prime (this is a function)

$$
\begin{aligned}
\operatorname{Pr}(0) & =2 \\
\operatorname{Pr}(n+\mathrm{I}) & =\text { the smallest prime greater than } \operatorname{Pr}(n) \\
& =\mu y_{\leqslant \operatorname{Pr}(n)!+\mathrm{I}}(\text { prime }(y) \wedge y>\operatorname{Pr}(n))
\end{aligned}
$$

The (very loose) bound is guaranteed by Euclid's proof. You can use Bertrand's postulate to get better bounds.

- the exponent of (the prime) $k$ in the decomposition of $y$

$$
\exp (y, k)=\mu x_{\leqslant y}\left[k^{x} \mid y \wedge \neg\left(k^{x+1} \mid y\right)\right]
$$

- $\frac{x}{2}=\mu y_{\leqslant x}(2 y \geqslant x)$
- There is a primitive coding of the plane in natural numbers. The standard Cantor bijection between $\mathbb{N} \times \mathbb{N}$ and $\mathbb{N}$ is primitive recursive, defined by

$$
\operatorname{pair}(x, y)=\frac{(x+y)^{2}+3 x+y}{2}
$$

- The inverses are also primitive recursive:

$$
\begin{aligned}
& f s t(z)=\mu x_{\leqslant 2}[(\exists y \leqslant z)(z=\operatorname{pair}(x, y))] \\
& \operatorname{snd}(z)=\mu y_{\leqslant 2}[(\exists x \leqslant z)(z=\operatorname{pair}(x, y))]
\end{aligned}
$$

- Finally, finite sequences of natural numbers can be coded in a primitive recursive fashion.
- The sequence $x_{I}, \ldots, x_{n}$ (of length $n$ ) is coded by

$$
\operatorname{Pr}(0)^{n} \cdot \operatorname{Pr}(\mathrm{I})^{x_{1}} \cdot \operatorname{Pr}(2)^{x_{2}} \cdots \operatorname{Pr}(n)^{x_{n}}
$$

- $n$-th element of the sequence coded by $x$

$$
(x)_{n}=\exp (x, \operatorname{Pr}(n))
$$

- length of sequence coded by $x$

$$
\ln (x)=(x)^{\circ}
$$

- $x$ is a sequence number, i.e. codes a sequence (this is a predicate)

$$
\operatorname{Seq}(x) \text { iff }(\forall n \leqslant x)\left[\left(n>0 \wedge(x)_{n} \neq 0\right) \rightarrow n \leqslant \ln (x)\right]
$$

## 4 Turing computable functions are recursive

Definition 4.I (Turing machines). A (two-way infinite, non-deterministic) Turing machine $M$ is a triple $(Q, \Sigma, \Delta)$ where:

- $Q=\left\{q_{0}, q_{1}, \ldots, q_{l}\right\}$ is a finite set of states (we adopt the convention that the first one listed, $q_{0}$, is the initial state, and that the next one, $q_{1}$, is the final state);
- $\Sigma=\{0, \mathrm{I}\}$ is the tape alphabet; and
- $\Delta$ is a finite set of transitions, each of the form

$$
\left(q_{i}, a\right) \longrightarrow\left(q_{j}, b, d\right)
$$

where $i, j \leqslant l, a, b \in \Sigma, d \in\{L, R\}$. A transition of the above form means that the machine, in state $q_{i}$ and reading symbol $a$ on the tape, switches to state $q_{j}$, overwriting the tape cell with the symbol $b$, and moves in direction specified by d (either left or right).

Definition 4.2 (Turing machine configurations). Suppose $M=(Q, \Sigma, \Delta)$ is Turing machine. A configuration is a triple $(q, t, i)$ where:

- $q \in Q$ is the current state;
- $t: \mathbb{Z} \rightarrow \Sigma$ is the tape contents (we are assuming that the tape cells are indexed by the integers), such that $t(i)=0$ for all but finitely many $i \in \mathbb{Z}$; and
- $i \in \mathbb{Z}$ is the position of the tape head.

An initial configuration is a triple $(q, t, i)$ where $q=q_{0}$ (the initial state) and $t(j)=0$ for all $j>i$.
A final configuration is a triple $(q, t, i)$ where $q=q_{I}$ (the final state) and $t(j)=0$ for all $j>i$.
For any binary string $w=b_{n-1} b_{n-2} \ldots b_{0}$ (where $\left.n \geqslant 0\right)$, the number it represents, denoted val $(w)$, is defined to be $\sum_{0 \leqslant i<n} b_{i} \cdot 2^{i}$. When $n=0$, then $w$ is the empty $w o r d$, and $\operatorname{val}(w)=0$.

For any configuration $C=(q, t, i)$, if $t(j)=0$ for all $j \in \mathbb{Z}$, define $L(C)=R(C)=0$. Otherwise let $j$ and $k$ being the smallest and largest indices such that $t(j)=I$ and $t(k)=I$. We define $L(C)$ and $R(C)$ as below:

- $L(C)=\operatorname{val}(t(j) t(j+1) \cdots t(i))(i f i<j$, the string is empty and its value is 0$)$; and
- $R(C)=\operatorname{val}(t(k) t(k-1) \cdots t(i+1))$ (if $k \leqslant i$, the string is empty and represents 0 ). We read the tape to the right of the head in reverse, to make it easy to define $L\left(C^{\prime}\right)$ and $R\left(C^{\prime}\right)$ from $L(C)$ and $R(C)$, when there is a transition from $C$ to $\mathrm{C}^{\prime}$.

We can always define our machines in such a way that there is always some transition out of every non-final configuration, but there is no transition out of any final configuration. Then a machine halts on an input if and only if it reaches a final configuration, starting from the initial configuration representing the input.

Definition 4.3 (Turing computability). A (partial) function $f: \mathbb{N} \rightarrow \mathbb{N}$ is Turing computable if there is a Turing machine $M$ such that for all $n \in \mathbb{N}, f(n)=m$ iff $M$ started with initial configuration $C_{i}$ such that $L\left(C_{i}\right)=n$ eventually halts in a final configuration $C_{f}$ such that $L\left(C_{f}\right)=m$.

We emphasize that $M$ does not halt on inputs wheref is not defined. It suffices to consider unary functions, since we can code up multiple inputs into one number.

Coding configurations Fix a Turing machine $M=\left(\left\{q_{0}, q_{1}, \ldots, q_{\}}\right\},\{0,1\}, \Delta\right)$. The following encodings are primitive recursive.

- A configuration $C=\left(q_{j}, t, i\right)$ of $M$ is coded by the number pair $(j, \operatorname{pair}(L(C), R(C)))$.
- The state of a configuration coded by $n$ is given by state $(n)=f_{s t}(n)$.
- The tape contents to the left of the head in a configuration coded by $n$ is given by left $(n)=$ fst(snd(n)).
- The tape contents to the right of the head in a configuration coded by $n$ is given by right $(n)=$ $\operatorname{snd}(\operatorname{snd}(n))$.
- The predicate config(n), that says that $n$ codes up a configuration of $M$, is defined by $0 \leqslant$ state $(n) \leqslant l$.
- initial $(n) \Leftrightarrow \operatorname{state}(n)=0 \wedge \operatorname{right}(n)=0$ says that $n$ codes up an initial configuration.
- $\operatorname{final}(n) \Leftrightarrow \operatorname{state}(n)=\mathrm{I} \wedge \operatorname{right}(n)=0$ says that $n$ codes up a final configuration.

Coding transitions Fix a Turing machine $M=\left(\left\{q_{0}, q_{1}, \ldots, q_{\}}\right\},\{0, I\}, \Delta\right)$ like before. We show how to code transitions by primitive recursive predicates, by way of two examples.

- Suppose $t \in \Delta$ is the transition $\left(q_{4}, 0\right) \longrightarrow\left(q_{8}, I, L\right)$. We define the primitive recursive predicate $\operatorname{step}_{t}\left(c, c^{\prime}\right)$ meaning that $t$ can be fired in configuration coded by $c$, yielding a configuration coded by $c^{\prime}$. Letting $c=\operatorname{pair}(i, \operatorname{pair}(l, r))$ and $c^{\prime}=\operatorname{pair}\left(i^{\prime}, \operatorname{pair}\left(l^{\prime}, r^{\prime}\right)\right)$, we have the following constraints:
$-i=4$ and $i^{\prime}=8 ;$
- rightmost bit of $l$ is 0 , i.e. even $(l)$ holds;
- $l^{\prime}$ is got by dropping the last bit of $l$, i.e. $l^{\prime}=\frac{l}{2}$; and
- $r^{\prime}$ acquires a new rightmost bit, which is I , i.e. $r^{\prime}=2 r+\mathrm{I}$.

We can define $\operatorname{step}_{t}\left(c, c^{\prime}\right)$ as follows:

$$
\begin{gathered}
\operatorname{config}(c) \wedge \operatorname{config}\left(c^{\prime}\right) \wedge \operatorname{state}(c)=4 \wedge \operatorname{state}\left(c^{\prime}\right)=8 \wedge \operatorname{even}(\operatorname{left}(c)) \wedge \\
2 \cdot \operatorname{left}\left(c^{\prime}\right)=\operatorname{left}(c) \wedge \operatorname{right}\left(c^{\prime}\right)=2 \cdot \operatorname{right}(c)+\mathrm{I}
\end{gathered}
$$

- Suppose $t \in \Delta$ is the transition $\left(q_{7}, I\right) \longrightarrow\left(q_{2}, 0, R\right)$. Letting $c=\operatorname{pair}(i, \operatorname{pair}(l, r))$ and $c^{\prime}=$ pair $\left(i^{\prime}, \operatorname{pair}\left(l^{\prime}, r^{\prime}\right)\right)$, we have the following constraints:
- $i=7$ and $i^{\prime}=2 ;$
- rightmost bit of $l$ is $I$, i.e. odd $(l)$ holds;
- if we let $b$ be the rightmost bit of $r$, i.e. $b=c_{\text {odd }}(r), l^{\prime}$ acquires $b$ as its rightmost bit, and its second bit from right changes from I to 0 , i.e..i.e. $l^{\prime}=2(l-\mathrm{I})+b$; and
- $r^{\prime}$ is got by dropping the rightmost bit of $r$ i.e. $r^{\prime}=\frac{r}{2}$.

We can define $\operatorname{step}_{t}\left(c, c^{\prime}\right)$ as follows:

$$
\begin{gathered}
\operatorname{config}(c) \wedge \operatorname{config}\left(c^{\prime}\right) \wedge \operatorname{state}(c)=7 \wedge \operatorname{state}\left(c^{\prime}\right)=2 \wedge \operatorname{odd}(\operatorname{left}(c)) \wedge \\
\operatorname{left}\left(c^{\prime}\right)=2(\operatorname{left}(c)-1)+c_{\text {odd }}(\operatorname{right}(c)) \wedge 2 \cdot \operatorname{right}\left(c^{\prime}\right)=\operatorname{right}(c)
\end{gathered}
$$

Coding transitions and runs Fix a Turing machine $M=\left(\left\{q_{0}, q_{1}, \ldots, q_{\}}\right\},\{0, I\}, \Delta\right)$ like before. We present primitive recursive encodings of runs.

- $\operatorname{step}_{M}\left(c, c^{\prime}\right) \Leftrightarrow \bigvee_{t \in \Delta} \operatorname{step}_{t}\left(c, c^{\prime}\right)$.
- A (terminating) run of $M$ on input $n$ is a sequence of configurations $c_{1}, \ldots, c_{k}$ such that:
$-c_{\mathrm{I}}$ is an initial configuration with left $\left(c_{\mathrm{I}}\right)=n$;
- $c_{k}$ is a final configuration, with the output recoverable as left $\left(c_{k}\right)$; and
- for all $i<k, \operatorname{step}_{M}\left(c_{i}, c_{i+1}\right)$ holds.
- Here is the primitive recursive predicate $r u n_{M}(n, s)$, which says that $s$ codes up a terminating run of $M$ on input $n$ (we always put the result $m$, which is recoverable from the last configuration of the run, in an easily accessible position of $s$ ):

$$
\begin{aligned}
& \exists r, k, m \leqslant s\left\{s=\operatorname{pair}(m, r) \wedge \operatorname{Seq}(r) \wedge k=\ln (r) \wedge \operatorname{initial}\left((r)_{\mathrm{I}}\right) \wedge \operatorname{final}\left((r)_{k}\right) \wedge\right. \\
& \left.\operatorname{left}\left((r)_{I}\right)=n \wedge \operatorname{left}\left((r)_{k}\right)=m \wedge(\forall i<k)\left[\operatorname{step}_{M}\left((r)_{i},(r)_{i+1}\right)\right]\right\}
\end{aligned}
$$

- If $s$ codes a run of $M, f s t(s)$ returns the output of the run.


## Turing computable functions are recursive

Theorem 4.4. Iff: $\mathbb{N} \rightarrow \mathbb{N}$ is a Turing computable (partial) function, it is also partial recursive.
Proof. Suppose $f$ is computed by a Turing machine $M$. We define $f$ on input $n \in \mathbb{N}$ as follows:

$$
f(n)=f s t\left[\mu s . r u n_{M}(n, s)\right] .
$$

A consequence is Kleene's normal form theorem, which states that recursive functions are precisely those that can be expressed as $f s t(\mu s . T(n, s)$ ) for a primitive recursive predicate T. (Anything of the form $f s t(\mu s . T(n, s))$ for primitive recursive $T$ is clearly recursive. In the other direction, given a recursive function $f$, simply translate it to its Turing machine description, and translate back using the above theorem.)

